

## EUPHORIA HYDROTHERAPY Private Use

	€
Euphoria Sauna (25 min.)	10
Euphoria Hammam (25 min.)	10
Euphoria Jacuzzi (25 min.)	10
Combination of hydrotherapy (Hammam, Sauna & Jacuzzi) (45 min.)	25

## EUPHORIA HAND & FOOT CARE

	€
<b>Manicure</b>	
Express manicure (15 min.)	10
Basic manicure (30 min.)	18
French manicure (30 min.)	20
Shellac manicure (40 min.)	25
Shellac French manicure (45 min.)	28
Spa manicure (Ladies & Men) (45 min.)	28
Men's manicure (20 min.)	15
Shellac Removal	5
Gel Removal	20

	€
<b>Pedicure</b>	
Basic pedicure (30 min.)	25
French pedicure (40 min.)	29
Shellac pedicure (55 min.)	32
Shellac French pedicure (55 min.)	35
Spa pedicure (Ladies & Men) (60 min.)	35
Spa Shellac pedicure (70 min.)	40
Removal	5
Nails decoration (price varies according to decoration)	2

## EUPHORIA HAIR CARE

	€
Wash & Blow Dry	18
Evening Hair Styling	25
Haircut & Blow Dry	28
Men's Haircut	12
Kid's Haircut	10
Roots Colouring	25
Full Colouring	35
Highlights Partial / Full	35 / 55
Plus Spa Hair Treatment	+ 10

## EUPHORIA EYEBROW & DEPILATION

	€
Eyebrow shaping (10 min.)	10
Eyebrow shaping & colour (20 min.)	20
Upper lip / chin (10 min.)	10
Face (20 min.)	20
Armpit (15 min.)	10
Arm (25 min.)	15
Half legs (25 min.)	18
Full legs (45 min.)	30
Back (25 min.)	25
Chest (25 min.)	20
Bikini line (15 min.)	15
Brazilian bikini (30 min.)	30
Full legs & Bikini line (55 min.)	40

## EUPHORIA SIGNATURE EXPERIENCES

### INDIVIDUALS



#### Total Hydration

79€

A unique combination of the **Cretan olive oil refreshing massage on your back and legs (25 min)**, with the **Euphoria hydration facial care (50 min)**.

This beauty session will leave your face and body skin purified and revitalized, feeling reconditioned and glowing. Recommended for all individuals.



#### Anti-Stress Session

120€

This blissfully balancing treatment feeds your senses and reviving both body and spirit. What's better to begin your three-step relaxation than the private use of **Hammam, Sauna and Jacuzzi (30 min)**.

Following a **massage of your preference (55 min)** will calm you even further before the final step of your treatment, the **Euphoria Face Hydration (50 min)**.

Stress will simply flow away.

### COUPLES



#### Just the 2 of Us

130€

Spend quality time together with your most loved one! Enjoy **the private use for 2** of the hydrotherapy area, **Hammam, Sauna & Jacuzzi (30 min)**, with a **bottle of sparkling wine**, before relaxing together in the double massage suite with a **full body aromatherapy massage for 2 (55 min)**.

The hydrotherapy would allow you to deeper relax & calm your mind, increasing the effect of the essential oils scents & resulting an improved sense of well-being.

**Euphoria**  
wellness spa & fitness centre

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# Euphoria

wellness spa & fitness centre

**Euphoria [Ευφορία]**

[ju:'fo:riə]

*noun - is the experience of pleasure or excitement and intense feelings of well-being and happiness.*



## EUPHORIA FACE BEAUTY

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<p><b>Euphoria Hydration</b> (50 min.) The hydrating facial care is designed to increase the skin's moisture levels. A multivitamin mask provides a potent cocktail of natural ingredients and vitamins, that nourishes your face and leaves you with a deep hydrated, fresh and shiny skin.</p>	<b>55</b>
<p><b>Euphoria Lifting</b> (60 min.) Exclusive anti-ageing, smoothing and regenerating treatment for face and eyes, that improves the total appearance of the skin. Experience the benefits of an anti-ageing natural mask with organic olive oil and honey extract, that nourishes and reforms the skin.</p>	<b>65</b>
<p><b>Deep Cleansing</b> (70 min.) The restorative face therapy draws on intensive healing with in-depth steaming, cleansing and exfoliation face care. The mask that follows will leave your skin revitalized with a silky smooth touch. Skin tone is brightened and muscle contraction is inhibited, softening the fine lines and wrinkles.</p>	<b>69</b>
<p><b>Gentlemen's Hydra Facial</b> (50 min.) Extraordinary and effective facial treatment suitable specifically for gentlemen's skin; regenerating, moisturizing and increasing the elasticity of the skin, thanks to an ancient Cretan vitamin recipe.</p>	<b>55</b>
<p><b>Cretan Facial Care</b> (25 min.) Massaging your face promotes oxygen and blood flow, releasing tension, while lifting the skin and making it firmer. Increases the circulation of the face. A designated facial massage using traditional oil essences that hydrates and refreshes your skin.</p>	<b>29</b>
<p><b>Euphoria Eye Therapy</b> (25 min.) A hydrated massage treatment specifically tailor made for the area surrounding the eyes, that exploits the nutrient benefits of the Cretan aloe mask. The enriched eye cream moisturizes and tones the area's elasticity, while reducing the ageing signs and stress.</p>	<b>25</b>

## EUPHORIA MESSAGES

	€
<p><b>Traditional Cretan Olive Oil Massage</b> (25 min. or 50 min.) This blissfully balancing massage with Cretan olive oil relaxes and revives both the body and the spirit providing intense nourishment that penetrates into the inner layers of the skin and keeps it moisturized.</p>	<b>35 or 55</b>
<p><b>Euphoria Aromatherapy Massage</b> (55 min.) Aromatherapy full body massage combines the power of essential oils with massage techniques, and improves your physical and mental well-being. Inhaling essential oil scents would calm your mind and emotions, thus encouraging relaxation and stress release.</p>	<b>60</b>
<p><b>Deep Tissue Massage</b> (55 min.) Our specialized massage technique, helps reduce stress, anxiety and muscle tension. Focusing on the deeper layers of the muscles reduces the symptoms of arthritis and increases muscular flexibility.</p>	<b>69</b>
<p><b>Back Relieve Massage</b> (30 min.) A unique massage focusing mainly on the back, neck and shoulders, relieving the tension and enhancing your well-being. A state-of-the-art massage technique on your sore areas of the body combined with the use of traditional essential oils, encourages relaxation and improves the blood flow and tissue oxygenation.</p>	<b>40</b>
<p><b>Relaxing Head &amp; Neck Massage</b> (25 min.) This thoroughly relaxing treatment uses cretan essentials oils to nourish the scalp and hair while offering a renewed feeling of wellness and calmness.</p>	<b>29</b>
<p><b>Euphoria Reflexology</b> (25 min.) This ancient holistic approach applies pressure on energetic reflex zones and points on the feet, that correspond to specific body organs. In return, it regulates the nervous system and improves the concentration, the memory and the quality of sleep.</p>	<b>25</b>
<p><b>Hot Stones Massage</b> (70 min.) This relaxing and soothing massage uses heated, smooth lava stones and Cretan olive oil to massage strategic points on the body and to ease muscle tension. It promotes deep relaxation and soothes the nervous system, while encouraging tranquility.</p>	<b>75</b>
<p><b>Candle Massage</b> (55 min.) This one-of-a-kind massage offers a warm aromatic soft experience to recharge the mind and body. Using a candle made of 100% natural ingredients, provides a warm feeling of relaxation &amp; high level of hydration.</p>	<b>65</b>
<p><b>Pregnancy Massage</b> (55 min.) This relaxing massage is specifically designed for pregnancy, offering comfort and the sense of well-being for the mother to be. Prenatal massage focuses on improving the blood circulation and decreasing swelling. (Suitable after the 14th week of pregnancy)</p>	<b>60</b>



## EUPHORIA BODY BEAUTY

	€
<p><b>Euphoria Body Hydration</b> (70 min.) Enjoy the fresh sensation of this unique deep hydration body treatment, which starts with a green clay wrap mask and finishes with an aloe body milk. The aloe along with fennel and dittany extracts, provides hydration and a sense of freshness all day long.</p>	<b>65</b>
<p><b>Euphoria Body Lifting</b> (70 min.) This 2 steps beauty treatment will magnify the firming effects and restore the youthfulness of your skin. Includes a wrap application of a body mask with anti-ageing benefits followed by a moisturizing body milk applied to the entire body , smoothing both the aging and the sun damage signs.</p>	<b>65</b>
<p><b>Sea Salt Scrub &amp; Massage</b> (80 min.) An ultimate exfoliating experience, with a blend of sea salt and olive oil, sweeping away dead skin cells and leaving your skin detoxified and wonderfully silky. A relaxing massage follows to re-awaken your senses.</p>	<b>69</b>
<p><b>Express Body Scrub</b> (25 min.) A full body scrub offers deep exfoliation using sea salt and olive oil, which nourishes your skin. Afterwards, a hydrating body milk is applied, concluding the treatment and leaving your body smooth and soft.</p>	<b>35</b>
<p><b>Anti-Cellulite Massage</b> (25 min.) Using deep pressure techniques, the anti-cellulite massage concentrates on stimulating the blood vessels in the skin, in the areas where cellulite is most visible. As a result it clears the lymph cells from toxins and leaves your skin with a healthy glow. Repeated sessions are recommended.</p>	<b>35</b>
<p><b>After Sun Face &amp; Body Treatment</b> (55 min.) Relief and hydrate your skin after being exposed to the sun, with an aloe vera gel mask and a refreshing cream enriched with Cretan Olive Oil and Yogurt. Both these beauty products have significant healing properties that smooth sunburn, regenerate the skin.</p>	<b>55</b>

